

FIRST MONTH CHECKLIST



Now that school is back in session, ensure that students are on track to avoid common pitfalls with this checklist

1

Communicate with teachers.

Don't wait until the first report card to find out that things are off track. Take 10 minutes to chat with the teacher about progress and nip any problems in the bud.



2

Do homework, even when there is none.

Homework is inevitable; the sooner students learn good homework habits, the less of a struggle they'll face. Do homework at the same time every night, even if none was assigned. Review the day's lessons, quiz yourself on last week's work, or read ahead to next week's lesson.



3

Use agendas.

Agendas are the number-one school organizational tool. Students should be writing homework, assignments, and to-do lists in their agendas everyday. If schools don't provide agendas, purchase one—they're that important.



4

Talk about school.

School is a major part of kids' lives. If they are unwilling to discuss their day, something may be amiss. Talk to kids about their day and have an open dialogue about school and learning challenges.



5

Watch frustration & stress levels.

Between learning new subjects and balancing homework, chores, and social lives, it can be easy for students to become overwhelmed. This can be very de-motivating and can lead to a drop in grades. Get help as soon as it's needed.



6

Procrastination.

Leaving work to the last minute or not wanting to do work at all is a sign of poor organization skills. Last-minute rushes mean poor preparation, which leads to poor grades. Avoid procrastination by establishing routines, using an agenda, and discussing school expectations on a daily basis.



7

Forgetting work.

Forgetting work, misplacing assignments, or losing textbooks is a sure sign of an off-track student. If students are showing signs of disorganization, get help as soon as possible. Make sure kids have colour-coded binders and that notes are being filed properly.



8

Limit screen time.

TVs and computers are some of the biggest homework distractors. Create a media routine with guidelines to help students get into the homework groove.

